

Fire into Water

A Couples Connection Special Event

*Being loved deeply by someone gives you strength,
Loving someone deeply gives you courage.*

Lao Tzu

Join us at our beautiful sanctuary in the foothills of Santa Barbara for an afternoon where you will have the time, space and support to reconnect with yourself and your beloved.

We all encounter blocks, burdens, bad habits, beliefs, and behaviors that block our joy and prevent us from deepening our intimacy and connection with our partners.

In the spirit of rest, relaxation, connection, and laughter; we will guide you through gentle but powerful exercises and experiences on land and in water to burn away the barriers allowing the fluidity of love to flow in your relationship.

JULY 9, 2017

1pm to 6 pm

\$199 Early Registration Special (before June 25, 2017)

\$225 per couple

Limit 5 Couples



William Gale LMFT has been supporting clients for 20 years to overcome challenges to lead more authentic successful lives. He is a Certified Hudson

Institute Coach with Training in EMDR (Advanced Level 3), Hakomi Body/Mind Psychotherapy, Toltec Path to Freedom, and Embodied Leadership. He is Founder/Executive Director of Anger Management Specialists.



Ninaya Strandberg HHP is passionate about living and sharing healing arts, yoga and fitness. She specializes in watsu & water therapies, and has offered many healthy lifestyle workshops, cleanses

and tropical island retreats. Certified Aquatic Bodyworker, (WABA), Yoga Instructor (Yoga College of India), Massage Therapist (Touch Therapy Institute), Colon Therapist (I-ACT), and Nutritional Consultant (AANC). For more information go to www.Ninaya.com